

# Methods for detection of minimal residual disease in neuroblastoma pediatric tumor

## *Metody detekcji minimalnej choroby resztkowej w nowotworze dziecięcym neuroblastoma*

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### Abstract

The bone marrow examination is obligatory during the neuroblastoma diagnosis and a treatment. We focus on significant improvements in currently available examinations methods allow perceive a single tumor cell.

### Streszczenie

Badanie szpiku kostnego jest obowiązkowe podczas diagnozy i leczenia neuroblastoma. Praca jest komentarzem obecnie dostępnych metod badawczych umożliwiających detekcję pojedynczej komórki nowotworowej.

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## Introduction

Neuroblastoma (NB) is the most common extracranial solid tumor of childhood (6-10%). This tumor has a very heterogeneous clinical course ranging from spontaneous regression to a high-risk disease with a tendency to form distant metastases [1,2]. The disseminated disease is presented in approximately 50% of newly diagnosed NB [1-3]. The high-advanced NB tumor stage with the presence of the metastatic spread, especially to bone marrow (BM) at diagnosis is the most important unfavorable prognostic factor in determining outcome.

The curability of NB patients increased from 43% (5 year event free survival (EFS) in 1974-1989) to 70% (5 year EFS in 1997-2002) [2,4]. Despite this, the survival rate for children with the high-risk NB remains low. Approximately 50% of those who will attain a complete or partial remission will relapse and die within 5 years of the diagnosis [1,5]. One of the most important reasons of treatment failure is the presence of persistent neoplastic cells following chemotherapy, known as the minimal residual disease (MRD). Disease as MRD can persist locally in the primary NB tumor or distantly in blood, bone marrow or distant metastatic organs. Moreover, it is thought that among MRD is presented cancer stem cells (CSC) subpopulation. The subpopulation of CSCs embed particular in bone marrow cavities which may explain the high incidence of metastases to BM into NB patients (60% in children, 80% in neonates) [5-9]. Therefore, the BM examination is the obligatory part of the diagnostic pathway. It is necessary to confirm or exclude the presence of NB neoplastic cells in BM, both during the initial diagnosis and determining the disease stage and also at certain checkpoints of a therapy. The currently available research techniques allow detection of even a single NB cell and very accurate monitoring of MRD and thus evaluate the effectiveness of a treatment [7,9-12,14].

## Methods for detection MRD in NB

### Light Microscopy

According to the International Neuroblastoma Risk Group (INRG) a basic investigation of BM should

be performed by the cytomorphology of smears collected by the fine needle aspiration biopsy and the histopathology of the trephine biopsy. Samples are collected bilateral, stained according a manufacturer's protocol and evaluated using a light microscope. The presence of NB metastatic cells may be excluded only if all evaluated samples are negative. If only one of evaluated samples is found positive, this is the basis for accepting the diagnosis of dissemination of tumor NB cells in BM [13,14].

Neoplastic NB cells have several morphological features characteristic for small-round-cell tumors. First of all, the NB cell has a circular shape, a very large hyperchromatic nucleus and a negligible amount of cytoplasm. NB tumor cells are slightly or much greater than erythrocytes. However, these characteristics are not sufficiently specific, based on which it is possible to recognize the NB cell especially when only one occurring between normal hematopoietic cells in the BM sample. Moreover, the detection of NB cells in BM is hampered by an uneven distribution of tumor cells and a tendency to form aggregates called *pseudorosettes* [15, 16]. Such clusters of tumor cells may randomly appear or not in the analyzed smear what increases the risk of false negative results. The classic cytomorphology assessment is a low sensitive method. The reliable estimation of NB cell is possible when tumor cells represent more than 0.1%, and in some cases even 10% of BM cells [7,8,10,11]. Therefore, it is recommended to supplement the NB BM diagnostics including MRD monitoring with methods having higher estimation accuracy.

### Flow Cytometry

The flow cytometry is a fast and fully automated diagnostic method using fluorescently labeled cells' components passed through a laser beam. The great advantage of the flow cytometry is a simultaneous multiparameter quantitative and qualitative analysis [17-19].

Neoplastic NB cells are marked by intensive production of N-CAM protein (neural cell adhesion molecule). The glycoprotein N-CAM is responsible for a neural cell adhesion and is recognized by CD56 antibody. In addition, NB cells do not present any antigens specific for leukocytes for which

CD45 antibody is complementary. Therefore, the disclosure of NB tumor cells micrometastases to BM is usually based on the immunophenotype CD45-/CD56+ or GD2+/CD9+/CD57+/CD81+ [20-21]. Antigens CD9 and CD81 are transmembrane proteins belonging to the tetraspanin family involved in cells adhesion and migration [22-24]. The antigen CD57 is a fragment of protein known as an epitope that is directly recognized by antibodies. It is produced in a number of neuronal cells and its tissue-specific expression changes during the nervous system development [25].

It is worth noting that, the CD45-/CD56+ immunophenotype profile is not specific only to NB cells. It is also used for assaying Ewing's sarcoma cells, rhabdomyosarcoma and other small-cell cancers or neuroendocrine tumours as well as abnormal leukocytes [26]. The sensitivity of the flow cytometry method is estimated to be from  $10^{-4}$  to  $10^{-5}$  [14].

### Enzymatic And Fluorescent Immunocytochemistry

The immunocytochemistry technique is commonly used to detect studied cells and visualize particular protein targets by specific binding of a primary antibody to an antigen. The antibody-antigen formed complex can be pictured by a fluorescent dye directly attached to the antibody. The alternative is an indirect method using an enzymatic reaction with a chromogen in which a substrate is converted into a colored product. The advantage of fluorescent staining is an ability to a simultaneous indication of several antigens in a cell, whereas the disadvantage is a rapid degradation of a fluorochrome by light. The more permanent image for examination is obtained using the chromogen but then the number of testing antigens is limited to two that additionally must be located in different cellular compartments. Another advantage of antibodies enzymatic labeling is a possibility for insight into a cell morphology. This is an important aspect of NB cells verification, especially in the non-specific immunocytochemical staining that usually concerns macrophages [14,16,20].

The disialoganglioside GD2 is the antigen used for detection of NB cells in BM. This antigen is presented by neuroectodermal cells and occurring only

on a cell membrane of neurons as well as peripheral nerve fibers. The disialoganglioside GD2 is also exposed on the NB cell surface [14,27,28].

The immunocytochemistry technique is currently one of the most sensitive methods for detection of tumor cells in BM ( $10^{-5}$  do  $10^{-6}$ ) that has been considered as the diagnostic standard for NB patients [10]. However, it requires a lot of experience from a person who evaluates a sample under a microscope. In addition, it has been reported that during an anticancer therapy the GD2 antigen biosynthesis can be inhibited in NB cells what may reflected in false negative MRD results [29,30].

### Polymerase Chain Reaction With Reverse Transcription

The assumption of RT-PCR (reverse transcription-PCR) and qRT-PCR (quantitative real time-PCR) techniques used to detection and monitoring MRD in NB patients is to determine a level of molecular markers expression in BM samples. Higher expression of the marker gene in comparison to a reference gene should be interpreted as higher level of the BM infiltration. The ideal molecular marker should be specific to a tumor and does not show expression in normal cells. Moreover, it's expression should be stable in time and the level should not change within a single cell under a treatment. The possible loss of expression should only arises from elimination of tumor cells and not be driven by inhibitory effects of a therapy on the neoplastic cell metabolism [10,11,31].

So far, there have not been unambiguously indicated specific molecular markers for NB cells [11,32]. In the past, the most commonly used mRNAs as NB tags were: disialoganglioside synthase (*GD2S*) and tyrosine hydroksylase (*TH*) [12,32-35]. Unfortunately, *GD2S* was expressed in almost all normal BM cells at a level similar to NB cells. However, this does not exclude the GD2 antigen as the reliable marker for immunocytochemistry assays because this examination takes into account the additional verification of NB cells based on its morphological characteristics. The protein TH has been evidenced as the first enzyme on the metabolic trail of catecholamines that excessive secretion is typical for NB cells. Initially, *TH* gene has

been evaluated as the reliable single molecular marker for detection of MRD in NB patients, but its expression was observed in 30% of peripheral blood and BM normal samples [8,10,11,31,32,34,36-38]. Therefore, other genes involved in the central nervous system development and in the biosynthesis and metabolism of neurotransmitters are intensively validated as possible molecular markers of MRD in NB: paired-like homeobox 2b (*PHOX2B*) [11,12,14,32,34,35], dopa decarboxylase (*DDC*) [18,10,37-39], doublecortin (*DCX*) [32,37,40,41], growth associated protein 43 (*GAP43*), cholinergic receptor nicotinic alpha 3 (*CHRNA3* [8,31,38,39], cyclin D1 (*CCND1*), collapsin response mediator protein 1 (*CRMP1*), GABA A receptor  $\beta$ 3 (*GABRB3*), ISL LIM homeobox 1 (*ISL1*), kinesin family member 1A (*KIF1A*), transforming acidic coiled-coil containing protein 2 (*TACC2*), dopamine  $\beta$ -hydroxylase (*DBH*) [36,42,43]. It has been showed that *PHOX2B* is now the most specific marker gene for NB [8,10,11,31,32,34,36-38]. Moreover, it has been confirmed the stability of *PHOX2B* and *TH* genes expression in NB cells during an applied anticancer therapy [31]. In the future, these observations allow avoiding false negative MRD results. These pretended results would be associated with a decrease of molecular markers expression levels in a single cancer cell after a treatment only but not with decreasing number of these cells in BM. Additionally, it is recommend using a panel of marker genes for estimating the presence of NB cells in BM. This can improve the specificity and sensitivity of an assay, particularly during and after a treatment [8,32,36-40]. Nowadays, qRT-PCR beside anti-GD2 immunocytochemistry is the most sensitive detection methods of NB tumor cells in BM ( $10^{-6}$ ) [10].

## Summary

According to the latest research programs coordinated by the INRG group and the Society of Pediatric Oncology European Neuroblastoma Network (SIO-PEN) committee the evaluation of BM samples in NB patients should be performed using: the conventional cytomorphological and histopathological analysis, and at the same time the immunocytochemistry with anti-GD2, and further the molecular technique

qRT-PCR with *TH* gene as the marker [12,14,43]. International guidelines for a preparation and evaluation of BM samples by the anti-GD2 immunocytochemical assay have been established [10,14,44]. Whereas, there is a need for further studies concerning the expression of molecular marker genes in NB cells in order to verify their specificity in qualitative and quantitative determinations of surviving cancer cells after a chemotherapy and immunotherapy. There is also a need to develop coherent guidelines for presenting molecular results. Especially, qRT-PCR results published by various researchers are difficult to compare. The main reason is another reference gene but also a way of data analyzing. NB investigators have adopted different criteria for qualitative and quantitative evaluation, including both a relative and absolute estimation. In addition, to the absolute evaluation have been used different NB cell lines that may vary among themselves in the expression level of selected marker genes [45]. Therefore, it should aim to standardize of qRT-PCR method, taking into account selected marker genes so as results obtained in various centers will be consistent.

The intensive development of molecular techniques and their popularization, not only in research, but also in a clinical approach to patients is continuously observed. Next generation sequencing (NGS) study contributed to the detailed knowledge of genome, transcriptome and epigenome in many cancers. The high throughput and the comprehensive analytical potential of NGS have been also used in the NB MRD investigation. Van Wezel et al. identified 42 chromosomal breakpoints in NB primary tumor samples by whole-genome sequencing. Afterwards, tumor-specific chromosomal rearrangements have been used as DNA targets in quantitative real-time PCR BM analysis. It is worth nothing, that markers at DNA level like abnormalities in chromosomes structures are more stable than RNA because do not depend on gene expression level [46]. There is still need to search and evaluate new NB markers for indicating tumor cells progression and clinical prognosis. These markers should be specific and stable both during treatment and also between primary and metastatic sites as well as patients' biodiversity what currently is a challenge in NB.

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